



Durant Secondary Breakfast

NOV 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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1
Cheesy Omelet Whole Grain Cinnamon Roll Cereal Cinnamon Toast Mixed Fruit

2
Sausage & Country Gravy Breakfast Pizza Yogurt & Goldfish Graham Cracker Cereal Toast Diced Pears

Assorted Reduced Sugar Cereals Offered Daily!

5
**Cinnamon Sugar Whole Grain Donut Egg & Cheese Breakfast Sandwich Cereal Toast Diced Peaches

6
Pancakes Hard Boiled Egg Cereal Cinnamon Toast Orange Smiles

7
Sausage & Country Gravy Breakfast Pizza Yogurt & Goldfish Graham Cracker Cereal Toast Mixed Fruit

8
Honey Glazed Chicken Biscuit Banana Muffin Cereal Cinnamon Toast Mixed Fruit

9
Biscuit & Gravy Strawberry Nutrigrain Bar Cereal Toast Diced Pears

**Join us for National Donut Day on November 5th!

12
Breakfast Pizza Chocolate Crescent Cereal Toast Diced Peaches

13
French Toast Sticks Yogurt & Goldfish Graham Cracker Cereal Cinnamon Toast Orange Smiles

14
Sausage & Country Gravy Breakfast Pizza Blueberry Muffin Cereal Toast Bananas

15
Breakfast Taco Whole Grain Cinnamon Roll Cereal Cinnamon Toast Mixed Fruit

16
Biscuit & Gravy Strawberry Nutrigrain Bar Cereal Toast Diced Pears

Juice offered daily.

19
No School

20
No School

21
No School

22
No School

23
No School

Variety of fat free and low fat milk are offered daily.

26
Honey Glazed Chicken Biscuit Banana Muffin Cereal Toast Diced Peaches

27
Pancakes Hard Boiled Egg Cereal Cinnamon Toast Orange Smiles

28
Sausage & Country Gravy Breakfast Pizza Yogurt & Goldfish Graham Cracker Cereal Toast Mixed Fruit

29
Egg & Cheese Breakfast Sandwich Cinnamon Sugar Whole Grain Donut Cereal Cinnamon Toast Mixed Fruit

30
Biscuit & Gravy Strawberry Nutrigrain Bar Cereal Toast Diced Pears