# **Durant Intermediate and** Middle Schools November 19-23

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



## A MINIMUM OF 6 SIDES OFFERED DAILY WITH **LUNCH CHOICES**

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with

**Daily Special** 



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Daily Special & Everyday



No MONDAY

School **TUESDAY** 

WEDNESDAY This

Week **THURSDAY** 

**FRIDAY** 

**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

# Daily Special & Everyday

Cheese and Pepperoni Pizza offered daily

Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust



### **Daily Specials**

Bean & Cheese Nachos offered daily!

**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 



**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

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#### Daily Specials & Everyday

Turkey, Ham and American Subs made fresh and offered daily Fast Takes products are made daily using local ingredients when seasonally available

**MONDAY** 

**TUESDAY** 

**WEDNESDAY** 

**THURSDAY** 

**FRIDAY** 

Vegetarian **Smart Pick**  We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.



Nutrition Information is available upon request.