

Durant Intermediate and Middle Schools

February 11-15

Our menus are aligned with the USDAs Healthier U.S. School Challenge.



A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special

****The Fresh Pick for February is Spinach to celebrate National Heart Month!**

****Happy Valentine's Day on February 14th! Join us and celebrate with a special valentine's day treat!**



- MONDAY** No School
- TUESDAY** Creamy Mac & Cheese offered with Breadstick & Seasoned Carrots **V**
- WEDNESDAY** Chicken Parmesan Pasta offered with Breadstick & Mixed Vegetables
- THURSDAY** Teriyaki Beef Stir Fry offered with Brown Rice & Steamed Broccoli
- FRIDAY** Chicken Fried Chicken offered with Whipped Potatoes & Gravy, Mixed Vegetables and Dinner Roll

Daily Special & Everyday

Crispy Chicken Sandwich, Spicy Chicken Sandwich, Hamburger & Cheeseburgers offered daily!



- MONDAY** No School
- TUESDAY** Chicken Nuggets offered with Dinner Roll & Western Baked Beans
- WEDNESDAY** Chicken Nuggets offered with Dinner Roll & Sweet Potato Fries
- THURSDAY** Chicken Nuggets & Dinner Roll offered with Potato Wedges
- FRIDAY** Chicken Fried Steak Sandwich offered with French Fries



Daily Special & Everyday
Cheese and Pepperoni Pizza offered daily

Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust

- MONDAY** No School
- TUESDAY** Pepperoni Calzone
- WEDNESDAY** Spicy Buffalo Chicken Pizza
- THURSDAY** Italian Sausage Calzone
- FRIDAY** BBQ Chicken Pizza



Daily Specials

****Join us for our special promotion Nacho Usual Nachos on Thursday!**

Get creative & put yummy new toppings on your nachos such as pulled BBQ turkey & spicy chorizo!

- MONDAY** No School
- TUESDAY** Beef Nachos offered with Fiesta Potatoes
- WEDNESDAY** Chicken Nachos offered with Frijoles Charros Beans
- THURSDAY** ****Nacho Usual Nachos**
- FRIDAY** Chicken Nachos offered with Refried Beans



Daily Specials & Everyday

Turkey, Ham and American Subs made fresh and offered daily

Fast Takes products are made daily using local ingredients when seasonally available

- MONDAY** No School **V**
- TUESDAY** Chef Salad
- WEDNESDAY** Crispy Chicken Salad or Southwest Turkey Sub
- THURSDAY** Chicken Caesar Salad
- FRIDAY** Cobb Salad or Sunbutter & Jelly Sandwich **V**

V Vegetarian
SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

