

Durant High School

October 29- November 2

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special

CREATIONS

- MONDAY** Cheese Dippers offered with Classic Tomato Soup **V**
- TUESDAY** Chopstick Creations offered with Seasoned Carrots
- WEDNESDAY** Homemade Beef Lasagna offered with Breadstick and Mixed Vegetables
- THURSDAY** Pasta Pronto offered with Breadstick & Green Peas
- FRIDAY** Country Fried Steak offered with Mashed Potatoes, Green Beans and a Freshly Baked Roll

Daily Special & Everyday

Hamburger, Cheeseburger Crispy Chicken Sandwich, & Spicy Chicken Sandwich offered Daily!

GRILL

- MONDAY** Popcorn Chicken offered with Tater Tots
- TUESDAY** Popcorn Chicken offered with Western Baked Beans
- WEDNESDAY** Popcorn Chicken offered with Sweet Potato Fries
- THURSDAY** Popcorn Chicken offered with Potato Wedges
- FRIDAY** BBQ Chicken Sandwich offered with French Fries

Daily Special & Everyday

Cheese and Pepperoni Pizza offered daily

PIZZA

Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust

- MONDAY** Supreme Pizza
- TUESDAY** Pepperoni Calzone
- WEDNESDAY** Spicy Buffalo Chicken Pizza
- THURSDAY** Italian Sausage Pizza
- FRIDAY** BBQ Chicken Pizza

Daily Specials

Nacho Bar offered daily with variety of Cheese Sauces, Mexican Chicken, Refried Beans & Crumbled Beef

SALSA

- MONDAY** Mexi-Chicken Tacos offered with Refried Beans
- TUESDAY** **Nacho Usual Nachos
- WEDNESDAY** Mexi-Chicken Tacos offered with Frijoles Charros Beans
- THURSDAY** Beef Tacos offered with Fiesta Potatoes
- FRIDAY** Beef Enchilada offered with Refried Beans

Daily Specials & Everyday

Turkey, Ham and American Subs made fresh and offered daily

Fast Takes products are made daily using local ingredients when seasonally available

FAST TAKES

- MONDAY** Hearty Garden Salad or Sweet & Spicy Sub **V**
- TUESDAY** Chef Salad or Fiesta Wrap
- WEDNESDAY** Crispy Chicken Salad or Southwest Turkey Sub
- THURSDAY** Chicken Caesar Salad or Southwest Wrap
- FRIDAY** Cobb Salad or Sunbutter & Jelly Sandwich **V**

V Vegetarian

Mindful

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by sodexo*