

Durant High School

October 15-19

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

SIDES

A MINIMUM OF 6 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk included with all meals.

Daily Special

***The fresh pick for October is kale! Try our colorful and nutrient packed Super Side Salad this month!*

CREATIONS

MONDAY	Frito Chili Pie offered with Golden Corn
TUESDAY	Pasta Pronto offered with Breadstick & Seasoned Carrots
WEDNESDAY	No School
THURSDAY	No School
FRIDAY	No School

Daily Special & Everyday

Hamburger, Cheeseburger Crispy Chicken Sandwich, & Spicy Chicken Sandwich offered Daily!

GRILL

MONDAY	Popcorn Chicken offered with Tater Tots
TUESDAY	Popcorn Chicken offered with Western Baked Beans
WEDNESDAY	No School
THURSDAY	No School
FRIDAY	No School

Daily Special & Everyday

Cheese and Pepperoni Pizza offered daily

PIZZA

Pizzas are made with low sodium sauce, low fat cheeses and a whole grain crust

MONDAY	Supreme Pizza
TUESDAY	Pepperoni Calzone
WEDNESDAY	No School
THURSDAY	No School
FRIDAY	No School

Daily Specials

Nacho Bar offered daily with variety of Cheese Sauces, Mexican Chicken, Refried Beans & Crumbled Beef

***Join us for our special promotion Nacho Usual Nachos on Tuesday!*

SALSA

MONDAY	Mexi-Chicken Tacos offered with Refried Beans
TUESDAY	**Nacho Usual Nachos
WEDNESDAY	No School
THURSDAY	No School
FRIDAY	No School

Daily Specials & Everyday

Turkey, Ham and American Subs made fresh and offered daily

Fast Takes products are made daily using local ingredients when seasonally available

FAST TAKES

MONDAY	Hearty Garden Salad or Sweet & Spicy Sub	V
TUESDAY	Chef Salad or Fiesta Wrap	
WEDNESDAY	No School	
THURSDAY	No School	
FRIDAY	No School	V

V Vegetarian

M Mindful

We use menu identifiers in the café to help students recognize Vegetarian & Mindful options. Mindful selections meet specific criteria for fat, sodium & calories.

This institution is an equal opportunity provider.

Nutrition Information is available upon request.

CROSSROADS
CAFE
by **sodexo**